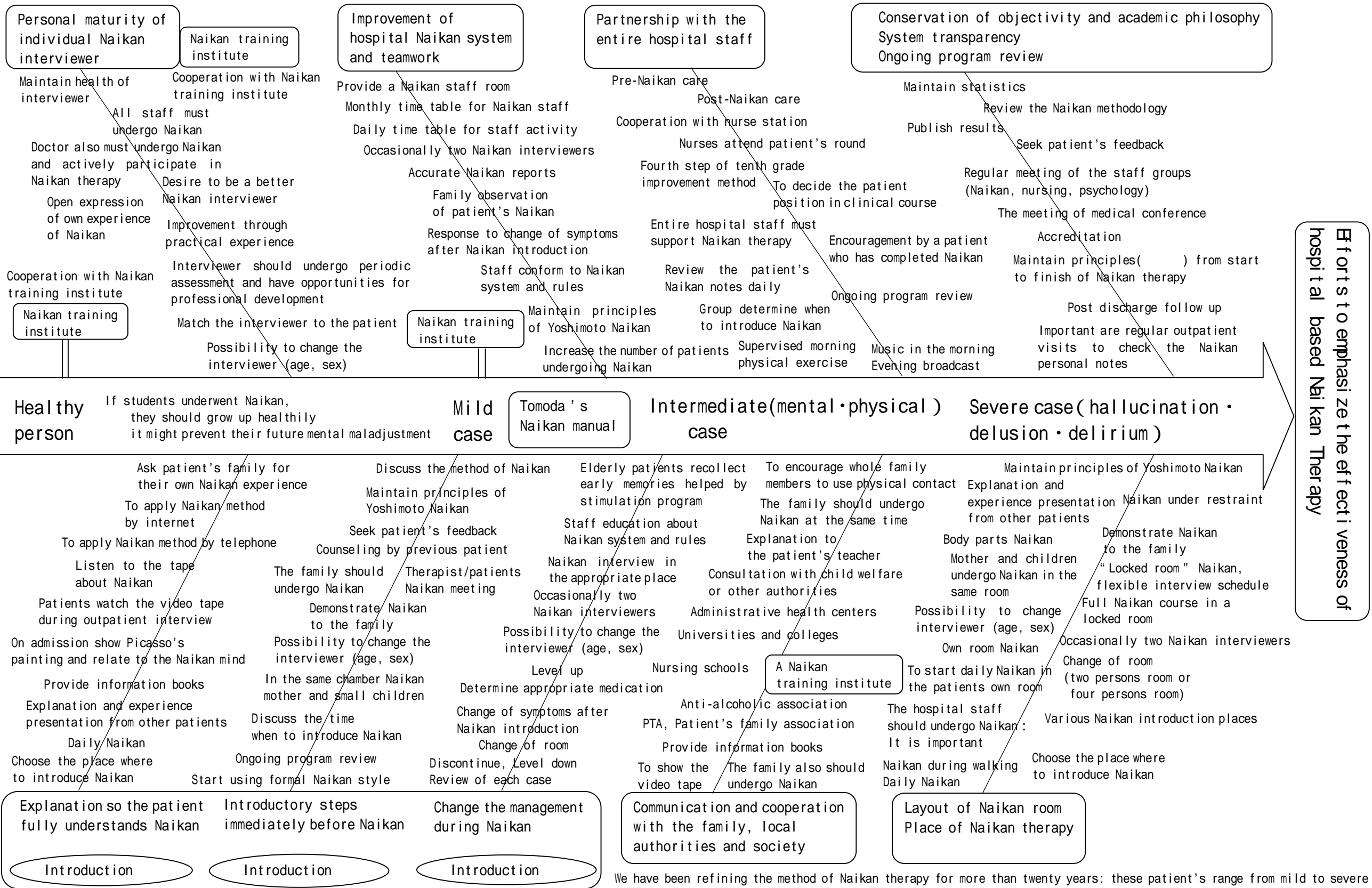


Hospital based Naikan Therapy (introduction and method). As used at Sapporo Ohta Hospital



We have been refining the method of Naikan therapy for more than twenty years: these patient's range from mild to severe cases and include inpatients and outpatients. We have developed our own effective Naikan and kept close to the principle of Yoshimoto Naikan. We usually achieve our target to use the most effective way for each case. We believe schizophrenics can also benefit by this Naikan method under medical control. We made this table to simplify understanding of our system
Sapporo Ohta Hospital Kohei Ohta